



Bangor Field Hockey

August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10 PC Meeting @ 7:00 Meet the Coaches Night @ 7:30	11	12	13
14 REST & HYDRATE	15 Meeting: 7:15 Practice 8 - 11 Practice 5-7	16 Practice 8-11 Practice 5-7	17 Practice 7-8 Practice 4-7:30	18 Practice 7-8 Practice 4 -7:30	19 Practice 8-11 Practice 5-7	20 Whitehall Playday
21 OFF	22 Practice 3:30-6:30	23 H - Easton Scrimmage @ 4:00	24 Practice 3:30-6:30	25 Practice 3:30-5:30 SlaterFest 6-8	26 Practice 3:30-6:30	27 Practice 8-10
28 OFF	29 H - Wilson @ 4:00	30 Practice 3:30-5:30	31 H - Palisades @ 4:00			



Bangor Field Hockey

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Practice 3:30-5:30	2 No School Picture Day @ 8:30 Practice 9:15-11:15	3 A - Saucon Valley HS @ 10:00
4 OFF	5 OFF Labor Day	6 H - Moravian @ 4:00	7 Practice 3:30-5:30	8 Practice 3:30-5:30	9 A - Northern Lehigh @ 3:45	10 Youth Day H - East Stroud South @ 10:00
11 OFF	12 H - Palmerton @ 4:00	13 Practice 3:30-5:30	14 A - Pen Argyl @ 4:00	15 Practice 3:30-5:30	16 Practice 3:30-5:30	17 Practice 8-10
18 OFF	19 Practice 3:30-5:30	20 A - Wilson @ 4:00	21 Practice 3:30-5:30	22 H - Salisbury @ 4:00	23 A - Southern Lehigh @ 4:00	24 Practice 8-10
25 OFF	26 A - Lehighton @ 4:00	27 Practice 3:30-5:30	28 A - Moravian @ 4:00	29 Practice 3:30-5:30	30 A - Pleasant Valley @ 4:00	1 A - Catasauqua @ 2:00



Bangor Field Hockey

October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 OFF	3 Practice 3:30-5:30	4 H - Northwestern Lehigh @ 4:00	5 Practice 3:30-5:30	6 Senior Night H- Pen Argyl @ 4:00	7 Practice 3:30-5:30	8 H - Northampton @ 10:00
9 Leagues/Districts Begin	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

